



# SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian  
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate  
Very Rev. Father Joseph Kimmett, Pastor

Rev. Deacon Stephen Mathewes, Seminarian  
Rev. Deacon Luke Toumi  
Subdeacon Gheorge Doros  
Subdeacon Joseph Kouyoumjian

*It is our pleasure to welcome visitors and friends to our church.  
If you would like to know more about our parish,  
or the Orthodox Church, please feel free to ask.*

**Orthodox Christians who have confessed their sins  
and have prepared themselves by fasting  
are invited to receive Communion.**

*Everyone is welcome to venerate the cross and share Holy Bread.  
Following Liturgy, please join us in the parish hall for coffee and refreshments.*

## CALENDAR

<u>Monday</u> -	[Diocesan] Great Compline, Worcester, 7:00 pm Parish Council Meeting, 7:00 pm
<u>Wednesday</u> -	Pre-Sanctified Liturgy followed by Lenten potluck, 6:00 pm
<u>Thursday</u> -	Arabic Class, 10:00 am Paraklesis Service, 7:00 pm at Saint John of Damascus, <i>Prayers for Father Michael &amp; the Abdelahad family</i>
<u>Friday</u> -	Akathist / Medayah Service followed by refreshments, 7:00 pm
<u>Saturday</u> -	Great Vespers, 5:00 pm (Confessions heard before & after)
<u>Next Sunday</u> -	Matins & Divine Liturgy, 9:00 / 10:00 am Five-year memorial for Nicholas Fotopoulos

Fasting - ***The Lenten Fast has begun and includes abstention from  
meat, poultry, fish, cheese, dairy, olive oil and wine.  
There is katalysis for wine and oil each weekend.***

13 March  
2011



First Sunday  
in Great Lent:

Sunday of  
Orthodoxy

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The Most Reverend  
Metropolitan PHILIP



Archbishop of New York and  
Metropolitan of All North  
America

The Self-Ruled Antiochian Orthodox Christian Archdiocese  
OF NORTH AMERICA

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March 13, 2011  
Sunday of Orthodoxy

Beloved in Christ:

On this first Sunday of the Great Fast, we make our annual appeal to you in the name of our young men who are undertaking theological studies in preparation for ordination to the Holy Priesthood. We thank God that He has blessed this Archdiocese with twenty-three seminarians this year; and we thank their parents, pastors, teachers and you, the faithful of our parishes, who have encouraged them in this sacred vocation. As you consider this appeal, please remember that their educational costs have risen dramatically in the past few years. Those of you with college-aged children and grandchildren are aware of this fact. Each qualified student will receive a full scholarship from this Archdiocese.

These young men are dedicating their entire lives to serving Christ and His Holy Church. This means they are dedicating their lives to serving each and every one of you. We ask your help in educating them and removing the burden and worry of having to repay thousands of dollars, while trying to serve you, as well as supporting a family. We have every confidence that you will again generously respond with prayers for our seminarians and with financial contributions according to your means.

Asking the All-holy Trinity to bless you with a most rewarding Lenten journey to the Glorious Resurrection, we remain

Your father in Christ,

+ Metropolitan PHILIP, Primate  
The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

**Note: Please make your check payable to the "Antiochian Archdiocese" and earmark it "Sunday of Orthodoxy". St. George Church Norwood, MA - Minimum Contribution is \$400**

*"...the disciples were first called Christians in Antioch." ACTS 11:26*

**GREAT LENT**

The season of the Fast is upon us. A schedule of services for Great Lent, Holy Week and Pascha is available.

*Second Week of Great Lent*

March 14 - Great Compline, 7:00 pm in Worcester

March 16 - Pre-Sanctified Liturgy, 6:00 pm

*followed by a Lenten potluck supper*

March 17 - Paraklesis, 7:00 pm in Dedham

March 18 - Akathist / Madayeh Service, 7:00 pm

*followed by coffee and refreshments*

March 19 - Confessions, 4:30 pm

Great Vespers, 5:00 pm

March 20 - Second Sunday in Lent

Matins / Divine Liturgy, 9:00 / 10:00 am

**TEEN SOYO RETREAT**

**Ooooooooo ..... Eeeeeeeeeeee. What's Up With Lent**

Arrive: Friday, March 25th, 7:30 pm

Depart: Sunday, March 27th, 11 am

Speakers: "Uncle Paul" and "Aunt Deborah" Finley

*Uncle Paul serves as Executive Director of the*

*Antiochian Village Conference Center.*

Cost: \$95 per teen/\$50 per advisor

Where: Saint Methodios Center, Contoocook, NH

Who: All teens in grades 7-12

Applications are in the parish hall and they must be returned this week.

**LENTEN RETREAT AT SAINT MICHAEL**

Saint Michael the Archangel on Cape Cod is hosting a Lenten retreat on Saturday, April 2nd.

Father Alkiviadis Calivas, Professor Emeritus of Liturgical Theology from Holy Cross Seminary will be the speaker. He will speak on "*The Making of a Christian*"- "*The Feeding of a Christian*". Flyers for the retreat are in the parish hall.

**LADIES MONTH**

Each March, throughout the Archdiocese, we give thanks for the ministry of the women in our church. Here at Saint George, there are so many ladies over the years who have diligently served God and the Church and we are so grateful. You will see our Ladies reading the epistle and passing the trays, but know they are doing lots of other good things.

Nationally, Ladies groups will be collecting funds to support Saint Thekla Monastery at Antiochian Village. Proceeds from the **Annunciation Fish Dinner on March 25th**, will go toward this project (a sign-up sheet for dinner is in the parish hall -- make your reservations today.)

**SCHOLARSHIPS**

- The *Boulis Scholarships* for high school seniors will be awarded this spring. Applications will be available soon.
- Applications for the *Nicholas Berman Veterans Scholastic Achievement Award* and
- The *Syrian-Lebanese Women's Club Scholarship* are both in the parish hall.
- The *Malta Scholarship*: A pdf of the application is at <http://www.goarch.org/news/scholarships-2010>
- A list of other scholarships and awards is online at: <http://www.antiochian.org/scholarships>

**CONFERENCE AND CONVENTION**

Saint John of Damascus Church is hosting the diocesan **Parish Life Conference** June 17-19th, in Hyannis. They have a web-site with lots of information: [www.stjohnd.org/conference2011/index.htm](http://www.stjohnd.org/conference2011/index.htm)  
Flyers are in the parish hall.

The **Archdiocese Convention** is July 24-31 in Chicago. Details are on-line at [www.archdioceseconvention2011.org/](http://www.archdioceseconvention2011.org/)

**HOLY BREAD** - The gifts are offered today by Daniel and Elaine Bitar in memory of James Howard and Julia Howard.

**COFFEE HOUR** - Please stay for coffee following the Liturgy today.

**VOTIVE** -  
A seven-day candle burns before the Icon of Christ, given by Helen Rossetsky in memory of Stanley Rossetsky.

**GIFTS TO SAINT GEORGE** -  
Barbara Gallo ..... *for the health of Brian, Joseph & Lauren*  
Jennie Mike and James & Arlene Kimmett ..... *general donation*  
Cleo Eysie & Family, Sandy Thomas & Family .....  
..... *in memory of Grace Tolland*  
Alfred & Marjorie Haddad and Helen Morgan .....  
..... *in memory of Father Nifon Abraham*  
Nick, Jackie & Peter Saber and John Howard .....  
..... *for the health of Timothy Wright*

**REMEMBER IN PRAYER** -  
**Pray** for the servants of God: Archpriest Michael and the Abdelahad Family; Kh. Joanne (Bitar), David (Elliott - serving in Iraq), Michael (Pepin), Beverly (DiFlaminies), Pamela (Manikas), Deacon Elias (Hamaty), Janet, Noah, William, Kate (Melchert), Fred (Tomm), John (Howard), Nicole (Tourigney), Darcey, David (Knipe and family), Tripp (Head), Alan (Andrew), Lana (Joseph), Christina (Adams), Emaline (Eakle), Cleo (Eysie), Janis, Timothy (Wright), Kathryne (Howard), Nicholas, Claudia (Eysie), Najlae (Solomon), Frederick (Howard), Lillie (Kelley), Lovee (Thomas), Sandy (Thomas), Loretta (Thomas), George (Fares), Charles (Howard), Mary, Ioana, Nicolae, Sam, Catherine, Margaret, Brian, Marion, Sarah, Josephine, Sterling.

Income March 6	Pledges	Donations & Memorials	Sunday Tray	Special Collection
\$3463.05.00	\$2790.00	\$215.00	\$268.00	N.A.

**Council & Parish Leaders**

- Christine Byron (Secretary)
  - Joseph Eysie (Vice Chairman)
  - Barbara Campbell (Chair)
  - Gheorghe Doros (Treasurer)
  - Anthony Grasso
  - Richard Plouffe
  - Ibtisam Samman
  - John Shalbey jr.
  - Linda Thomas
- Assistant Treasurers:*  
Beverly DiFlaminies  
Leeann Plouffe
- Building Committee - Andrew Howard  
Chanters - Erik Potter  
& Rezanne Toumi  
Choir Director - David Franciosi  
Christmas Card - Doris Copoulos  
Church Custodian - Gerry Mullen  
Epistle Readers - Lovee Thomas  
Food Pantry Rep. - Kay Moseley  
Holy Bread - Catherine Keches  
Hospitality - Angie Sepulveda  
IOCC Rep. - Emily Howard  
Ladies President - Katie Birtwell  
Order of St Ignatius Liason - Erin K.  
Sacristan - Subdn. Gheorghe Doros  
Scholarship Committee - Helen Abril  
School Superintendent - Rich Plouffe  
Teen Advisor - Emily Howard  
Teen President - Timothy Markatos  
Teen Treasurer - Nicholas Kimmett  
Usher - Andrew Howard  
Web-Master - Ekaterina Oleinik



**First Sunday in Lent  
Sunday of Orthodoxy**

**Translation of the Relics of Nikephoros, patriarch of Constantinople**

**EISODIKON**

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

**TROPARION OF THE RESURRECTION (TONE 1)**

The stone being sealed by the Jews, and thy pure body being guarded by the soldiers, thou didst rise on the third day, O Saviour, granting life to the world. Wherefore, the heavenly powers acclaimed thee, O Giver of life, crying, Glory to the Thy Resurrection, O Christ! Glory to Thy kingdom! Glory to Thy gracious providence, O thou only Lover of mankind.

**TROPARION OF THE FIRST SUNDAY IN LENT (TONE 2)**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Saviour, to save the world.

**TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)**

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

**KONTAKION OF THE ANNUNCIATION (TONE 8)**

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

**MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)**

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

**EPISTLE AND GOSPEL**

*Prokeimenon and Verse:*

Blessed art Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done to us.

**The Reading is from the Apostle Paul's Letter to the Hebrews**

*(11:24-25; 32-40, Sunday of Orthodoxy)*

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated-- of whom the world was not worthy--wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

*Alleluia.* Moses and Aaron among His priests, and Samuel among them that call upon His name. Alleluia. They called upon the Lord, and He hearkened unto them. *Alleluia.*

**The Reading is from the Holy Gospel according to Saint John**

*(1:43-51, Sunday of Orthodoxy)*

The next day Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Beth-sa'ida, the city of Andrew and Peter. Philip found Nathan'a-el, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathan'a-el said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathan'a-el coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathan'a-el said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathan'a-el answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

**THE LORD'S PRAYER** *will be PRAYED in the native languages of our people each Sunday in Lent. We begin with English, then Arabic, Greek, Russian, Romanian, Spanish ...*

## SUNDAY OF ORTHODOXY

### FIRST SUNDAY IN LENT: SUNDAY OF ORTHODOXY

The dominant theme of the first Sunday in Lent since 843 has been that of the victory of the icons. In that year the iconoclastic controversy, which had raged on and off since 726, was finally laid to rest, and icons and their veneration were restored on the first Sunday in Lent. Ever since, that Sunday been commemorated as the "triumph of Orthodoxy."

The name of this Sunday reflects the great significance which icons possess for the Orthodox Church. They are not optional devotional extras, but an integral part of Orthodox faith and devotion. They are held to be a necessary consequence of Christian faith in the incarnation of the Word of God, the Second Person of the Trinity, in Jesus Christ. They have a sacramental character, making present to the believer the person or event depicted on them. So the interior of Orthodox churches is often covered with icons painted on walls and domed roofs, and there is always an icon screen, or iconostasis, separating the sanctuary from the nave, often with several rows of icons. No Orthodox home is complete without an icon corner, where the family prays.

Icons are venerated by burning lamps and candles in front of them, by the use of incense and by kissing. But there is a clear doctrinal distinction between the veneration paid to icons and the worship due to God. The former is not only relative, it is in fact paid to the person represented by the icon. This distinction safeguards the veneration of icons from any charge of idolatry.

### THE PROCESSION OF THE HOLY ICONS

*Hymns and prayers from the Vesper Service will be incorporated into our Icon Procession today. The clergy, bearing icons, make a procession around the church. The altar servers carry the candles, the cross and fans followed by the faithful (especially the young people) carrying their icons. The procession will go around the entire church, stopping in each of the four corners, as the choir sings the troparion of the Sunday of Orthodoxy between each stop.*

#### Ektenia at the First Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (*thrice*)

Again we pray for all pious and Orthodox Christians.

Again we pray for our Father and Metropolitan PHILIP.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Saviour, to save the world.

#### Ektenia at the Second Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (*thrice*)

Again we pray for our brethren: the priests, hieromonks, deacons, hierodeacons and monastics and all our brotherhood in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation and pardon and remission of sins for all Orthodox Christians of true worship, who live and dwell in this community.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

#### Ektenia at the Third Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (*thrice*)

Again we pray for the blessed and ever-memorable founders of this holy church and for all our fathers and brethren, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

Again we pray for those who bear fruit and do good works in this holy and all venerable temple, those who serve and those who sing, and for all the people here present, who await Thy great and rich mercy.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

#### Ektenia at the Fourth Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*Choir:* Lord, have mercy. (*thrice*)

Again we pray for the ever-memorable Orthodox patriarchs, kings and rulers, and all our fathers and brethren, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

*Choir:* Memory eternal. (*thrice*)

For Thou art the Resurrection, and the Life, and the Repose of Thy departed servants, O Christ our God, and unto Thee we ascribe glory, together with Thy Father, Who is from everlasting, and Thine All-Holy, and good, and life-giving Spirit: now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession returns to the solea as the choir sings the troparion. The clergy and people then read the Synodikos (Confession of Faith):*

**As the prophets beheld, as the Apostles have taught,...as the Church has received... as the teachers have dogmatized,...as the Universe has agreed,... as Grace has shown forth,...as Truth has revealed,...as falsehood has been dissolved,...as Wisdom has presented,...as Christ Awarded,...thus we declare,...thus we assert,...thus we preach Christ our true God, and honor as Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all and accordingly offering them veneration.**

*(Louder)* **This is the Faith of the Apostles, this is the Faith of the Fathers, this is the Faith of the Orthodox, this is the Faith which has established the Universe.**

*Prokeimenon:* Who is so great a God as our God? Thou art our God, who alone does wonders (*x3*)

*The Troparion of the Feast followed by the dismissal.*