



# SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian  
Orthodox Christian Church of North America

**Most Rev. Metropolitan Philip, Primate**  
**Very Rev. Father Joseph Kimmett, Pastor**

*It is our pleasure to welcome visitors and friends to our church.  
If you would like to know more about our parish,  
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins and have prepared  
themselves by fasting are invited to receive Communion.  
Everyone is welcome to venerate the cross and share Holy Bread.  
Following Liturgy, please join us in the parish hall  
for coffee and refreshments.*

## CALENDAR

### MARCH IS LADIES MONTH IN THE ARCHDIOCESE

- Monday - Great Compline, 7:00 pm, Lawrence
- Wednesday - Pre-Sanctified Liturgy (and potluck dinner), 6:00 pm  
Meeting for Holy Week Chanters & Readers, 8:00 pm
- Friday - Akathist (Medayeh), 7:00 pm
- Saturday - No Vespers - Father Joseph at Teen SOYO Retreat
- Next Sunday - Saint Mary of Egypt  
Matins 9:00 / Divine Liturgy 10:00am
- Wed. the 24th- Evening Liturgy for the Annunciation, 6:00 pm (no potluck)
- Thur. the 25th- Annunciation Fish Dinner, 5:00 pm (reservations needed)
- Fasting - *The Lenten fast has begun and continues through Pascha.  
You are to abstain from meat, fish, dairy, eggs, wine & olive oil.*

14 March  
2010



**Fourth Sunday  
in Lent:  
Saint John,  
author of  
The Ladder**

Six Atwood Avenue  
Norwood, MA 02062  
Tel. 781-762-4396  
Fax. 781-255-1871  
StGeorgeNorwood.org

*Spring Fashion Show*  
Saturday, April 10, 2010 at 2:00 pm

at X & O Restaurant  
217 Washington Street, Stoughton

Sponsored by  
*The Ladies of Saint George Norwood*

Fashions by Marshall's\*

Buffet Dessert Table ❖ Coffee & Tea ❖ Raffles  
Tickets \$20

For tickets and reservations contact:  
1908 Camille Florio at 781-344-8469 or 781-762-4396 191

*\*Those who purchase clothing on the day of the show receive a 10% discount.*

**FEAST OF THE ANNUNCIATION**

*Divine Liturgy for the Feast is Wednesday the 24th at 6:00 pm.* There will be no potluck that night.

*Fish dinner* for the feast will be served by the Ladies of Saint George on Thursday, beginning at 5:00 pm -- make your reservations today. The proceeds benefit the Antiochian Women's 2010 project, the Saint Thekla Monastery.

**PALM SUNDAY BAKE SALE**

The Ladies annual Bake Sale will again take place during the coffee hour on Palm Sunday. If you can bake or help with sales that day, speak to Katie or Camille.

**LADIES FASHION SHOW**

The Ladies of Saint George are sponsoring a fashion show on *Saturday, April 10th* at 2:00 pm. It will take place at the X & O Restaurant in Stoughton and features fashions by Marshall's. Tickets are \$20 and include a buffet dessert table, coffee and tea. For tickets and reservations, contact Camille Florio at 781-344-8469 or 781-762-4396 (Those who purchase clothing that day will receive a 10% percent discount.)

**SMILE**

It is time for a *new parish directory*. The new edition will include photos of our members. You may email a picture to [NorwoodCouncil@gmail.com](mailto:NorwoodCouncil@gmail.com) or have a snapshot taken today after Liturgy. See one of our resident shutter-bugs to have a photo taken.

On Palm Sunday, we will take a *parish photo*. If the weather cooperates, everyone will pose on the steps of the church, right after the procession of palms.

**BRICKS**

The parish will soon be adding new bricks to our patio and walkway. Forms for engraved bricks were mailed this week. Extra copies are available in the parish hall.

**GREAT AND HOLY LENT**

- Monday at 7:00 pm - Great Compline, Lawrence.
- Wednesday at 6:00 pm - Pre-Sanctified Liturgy (followed by a Lenten potluck dinner)
- Friday at 7:00 pm - Akathist (Madayeh)
- Confessions are heard before and after Saturday Vespers or by appointment. The complete schedule of services is available in the narthex and parish hall.

**FOOD FOR HUNGRY PEOPLE**

*If anyone has material possessions and sees his brother in need but has no pity on him, how can the love of God be in him? Dear children, let us not love with words or tongue but with actions and in truth*  
-- 1 John 3:17-18

The 36th annual FFHP program continues through the final weeks of Lent. Alms boxes are available for you to take home, Remember to bring your contributions to church at Pascha.

**TEEN SOYO RETREAT**

The Teen's Lenten Retreat is next weekend. This year we're very excited to have Archdeacon Seraphim Solof as retreat leader for in Contocook, NH. The theme is *Lord I believe - Help my Unbelief: Our Personal Journey to Christ*. It promises to be an amazing weekend. See Father Joseph for an application and details.

**CHILE EARTHQUAKE**

If you have not left your donation for the Metropolitan's Earthquake appeal, please leave your gift at church today. We will forward one check to the archdiocese this week.

**PARISH LIFE CONFERENCE**

The Parish Life Conference is being hosted by Saint George Cathedral Worcester June 18-20. Rooms start at only \$98. Call the *Sturbridge Host Hotel* to book your room, 508-347-7393 or at [sturbridgehosthotel.com](http://sturbridgehosthotel.com). On-line registration [stgeorgeworcester.org/2010plc.html](http://stgeorgeworcester.org/2010plc.html)

**HOLY BREAD -**

The gifts are offered today by Lovee Thomas and her family in memory of George. A one-year memorial will be served following the Liturgy.

**COFFEE HOUR -**

Please join us for coffee and refreshments following the Liturgy; sponsored by Lovee Thomas.

**GIFTS TO SAINT GEORGE -**

Lovee Thomas; David, Mark & Judy . . . . *in memory of George Thomas*  
Nancy Kafferty . . . . . *in memory of George Eysie and Samera Mike*  
Joe Palleiko, David Tuttle . . . . . *in memory of Samera Mike*

**REMEMBER IN PRAYER -**

**Pray** for the servants of God: Archpriest Nicholas (Manikas), Archpriest Robert & Khouriyee Elizabeth (Bethoney), Archpriest Michael (Lewis) Archpriest Alexander (Atty), Deacon Elias (Hamaty), Lana (Joseph), Christina (Adams), Emaline (Eakle), Jamil (Samara), Atallah (Amirhom), David (Elliott, serving in Iraq), Michael (Eysie), Janis, Timothy (Wright), Kathrynne (Howard), Edward (Arees), Nicholas, Richard (Esper), Claudia (Eysie), Najlae (Solomon), Frances (Giandomenico), Frederick (Howard), Lillie (Kelley), Lovee (Thomas), Sandy (Thomas), Loretta (Thomas), George (Fares), Charles (Howard), Elizabeth, Eliana, Anne, Grace, Mary, Ioana, Nicolae, Carrie, Sam, Thomas, Nicholas, Barbara, John, Helen, Felecia, Catherine, Margaret, Brian, Nicole, Marion, Linda, Carrie, Nicholas, Sarah, Josephine, Dean, David, Sterling, Mary.

Income March 7	Pledges	Donations & Memorials	Sunday Tray	Chile Earthquake
\$2308.00	\$192 .00	\$620.00	\$154.00	\$1372.00

**Council & Parish Leaders**

- Christine Byron
- Joseph Eysie
- Barbara Campbell (Secretary)
- Subdeacon Gheorghe Doros
- Andrew Howard (Chairman)
- Richard Plouffe
- Marwan Samman (Treasurer)
- John Shalbey jr.
- Linda Thomas (Vice Chair)

*Assistant Treasurers:*

- Beverly DiFlaminies
- Leeann Plouffe

Chanters - Erik Potter & Rezanne Touni

Choir Director - David Franciosi

Christmas Card - Doris Copoulos

Church Custodian - Gerry Mullen

Epistle Readers - Lovee Thomas

Food Pantry Rep. - Kay Moseley

Holy Bread - Catherine Keches

IOCC Rep. - Emily Howard

Ladies President - Katie Birtwell

Sacristan - Subdn. Gheorghe Doros

Seminarians - Rabee Touni & Subdeacon Stephen Mathewes

Scholarship Committee - Helen Abril

School Superintendent - Rich Plouffe

Teen Advisor - Emily Howard

Teen President - Timothy Markatos

Teen Treasurer - Nicholas Kimmitt

Ushers - Andrew Howard & Marwan Samman

Web-Master - Ekaterina Oleinik



## Fourth Sunday in Lent: Commemoration of Saint John of the Ladder

### EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

### TROPARION OF THE RESURRECTION (TONE 7)

Thou didst shatter death by thy Cross; thou didst open paradise to the thief; thou didst turn the mourning of the ointment-bearing women into joy, and didst bid thine Apostles proclaim warning that thou hast risen, O Christ, granting the world Great Mercy.

### TROPARION OF SAINT JOHN (TONE 8)

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John, intercede with Christ God to save our souls.

### TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

### KONTAKION OF THE ANNUNCIATION (TONE 8)

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

### MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

### EPISTLE AND GOSPEL

*Prokeimenon and Verse:*

The Lord is my strength and my praise. The Lord chastising hath chastised me: But He has not delivered me over to death.

### The Reading is from the Apostle Paul's Letter to the Hebrews (6:13-20 - 4th Lent)

Brethren when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchiz'edek.

*Alleluia.*

### The Reading is from the Holy Gospel according to Saint Mark (9:17-31, 4th Sunday in Lent)

At that time, a man came to Jesus, kneeling and said "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be

with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed after three days he will rise."

**THE LORD'S PRAYER will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian, Spanish, Armenian ...**